



Later Start Committee
Tuesday, October 4, 2016
5:30 - 7:00pm



MINUTES

Driving Question: How can a later student start time at secondary schools maximize the learning conditions of our students?

Time	Person(s)	Item	Notes / Minutes
15 mins (5:30-5:45)	Ivan Chaidez, Asst. Superintendent Education Services	Welcome & Introductions Identify a Recorder to take notes and/or Chart - Janelle Mitnick Time Keeper - Mark Neiman Meeting Objectives & Process on back	Start time- 5:35 * Driving Question *Introductions
10 mins (5:45-5:55)	Ivan Chaidez	Meeting Norms & Guidelines	NORMS 1.Be respectful 2.Be on time 3.Be present (engaged) 4.Assume positive intention 5.Snacks/chocolate 6.Raise hand prior to discussion 7. Appreciate unique perspectives 8.Address problem, Not person 9. Finish on time 10. Focus what is best for our students
5 mins (5:55-6:00)	All	Collaborative Groups Numbers Notetaker Handout (You can make copy)	Numbers assigned 1-5
30 mins (6:00-6:30)	Matt Baldwin, Principal	PANEL Please give a brief overview &	Facilitator assigned two minutes per panel member

<p>Novato High School</p> <p>Adam Littlefield, Principal San Marin High School</p> <p>Jim Larson, Principal Sinaloa Middle School</p> <p>Justin Mori, Principal San Jose Middle School</p> <p>Student(s)</p> <p>Teacher(s)</p> <p>Parent(s)</p>	<p>of meetings, presentations, & conversations that have happened</p> <p>What are some of the positive and negative impacts or implications of a later start time for the students at your school.</p> <p>Student Perspective</p> <p>Teacher Perspective</p> <p>Parent Perspective</p>	<p>Jim- informal conversation with community</p> <ul style="list-style-type: none"> + Better for extracurricular activities - Transportation amongst family members <p>Justin- Family concerns; time and transportation.</p> <ul style="list-style-type: none"> ? traffic - Staggered start times <p>Christin- many pluses for staff</p> <ul style="list-style-type: none"> + Healthier as a person. More time in the morning. - Perlongs school day <p>Adam- Benefits for students and instructional time</p> <ul style="list-style-type: none"> + More sleep for students + Could cut down on Tardies - Conflict with work and athletic schedule. <p>Matt- informal discussions with students and staff</p> <ul style="list-style-type: none"> + Studies link health with sleep - Drop off - Rehearsals <p>Parent- proactive to change start time.</p> <ul style="list-style-type: none"> + everything <p>Student 1- haven't heard a lot</p> <ul style="list-style-type: none"> + sleep
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			<ul style="list-style-type: none"> - Drop off time for parents <p>Student 2- pros and cons + Sharper</p> <p>? What is the history of the early start time?</p>
20 min (6:30-6:50)	All	Video from CBS This Morning Collaborative Groups	Questions / Group Notes
10 min (6:50 - 7:00)	Ivan Chaidez	Debrief, Next Steps, Adjourn	<ol style="list-style-type: none"> 1. Invite professionals in the field of science and therapy, transportation to provide data to the panel. City transit 2. Consistent start time is requested 3. Do students have ability to choose classes 4. Find other districts that have a later start time 5. Should we be assigning homework? 6. Research HACK Homework 7. How can we integrate homework time. 8. Scaffolding

Next Later Start Committee: Thursday, November 3rd 5:30-7pm

Resources

District Website: <http://nusd.org/committees/later-start-committee/>

Start School Later, Inc.: <http://www.startschoollater.net/position-statements.html>

Community Twitter: [#NUSDLaterStart](#) [@NUSD1](#)

Channel 5 news story on Later Start

<http://sanfrancisco.cbslocal.com/2016/10/17/later-start-time-proposed-for-novato-school-district-students/>

Process Timeline

October (Today)

- Establish Norms and Meeting Guidelines
- Driving Question: Defining the Task “*The What*”
- Objective: Describe what’s going on from their perspective, let's understand the situation and what needs to be resolved before moving to interests and options/solutions

November 3rd

- Identify Interests “*The Why*”
- Begin to look at Options/Solutions - “*The How*”
 - Data is helpful to generate options
 - Look at what working groups bring back from research

December 1st

- Begin to Evaluate all the options (One option is keep school schedules as they are)
- Begin to Reach Consensus and Commit to Agreements

January 19th

- Continue to Evaluate all the options
- Continue to Reach Consensus and Commit to Agreements
- Get feedback from stakeholders

February 16th

- Develop and recommend a plan for implementation
- Present plan(s) to different stakeholders

March 16th

- Finalize draft plan(s)
- Present draft plan to Board as a presentation on **March 21st**

March / April

- Negotiations with Union(s) if Needed

May 2nd

- Present final plan with recommendations to Board pending negotiations if needed